

WOMEN'S ARTISTIC GYMNASTICS

CLASS SCHEDULE

as at 06/11/2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
National Level 7 - 10	4.00-7.30 pm	4.00-7.30 pm	6.00-8.00 am	4.00-7.30 pm	6.00-8.00 am	8am – 12.00
National Level 6	4.00-7.30 pm	4.00-7.30 pm	6.00-8.00 am	4.00-7.30 pm	6.00-8.00 am	8am – 12.00
National Level 5	4.00-7.30 pm	4.00-7.30 pm		4.00-7.30 pm		8am – 12.00
National Level 4	4.00–7.00 pm	4.00-7.00 pm		4.00-7.00pm		9.00am-1pm
National Level 3		4.00-6.30 pm		4.00-6.30pm		10.00am-1 pm
National Level 2		4.00-6.30 pm		4.00-6.30 pm		
Development Black		4.00-6.30 pm		4.00-6.30 pm		
Development White	4.00-6.00pm				4.00-6.00 pm	
Development Gold		4.00-6.00 pm			4.00-6.00 pm	
Junior Development	3.30-5.00 pm				3.30 – 5.00 pm	8.30-10.00 am
State Level 3 - 4			4.30-7.00 pm			1.00-3.30 pm
State Level 5 – Open	4.30-7.00pm Optional		4.30-7.00pm			1.00-3.30 pm

Junior Development, Development Gold and Development White gymnasts will begin attending one day per week and add a second day at the discretion of the coaches and with consultation with the parents.

All classes require minimum numbers to run.