

## 2022 FEE SCHEDULE

1. Club membership / GWA Registration  
\$95 per gymnast  
\$160.00 family (2 or more)
  - Access to Accredited coaches
  - Qualified First Aid personnel
  - Nationally Accredited Programs
  - Club 10 - Quality Assurance Program
  - Personal Accident Insurance
  - Gymnastics WA membership
  - Gymnastics Australia membership (fully transferable Australia wide to Gymnastics Australia affiliated clubs)
  - Free spectator entry to GWA events (excluding National and International events)
  - Valid from 1<sup>st</sup> January to 31<sup>st</sup> December

2. Term fee      1 hour class    \$210.00  
                     1 ½ hour class \$285.00

Pro-rata adjustment caters for members joining mid-term.

ALL PRICES INCLUDE 10% GST

### 2022 TERM DATES

Term 1: Mon 31<sup>st</sup> Jan – Sat 9<sup>th</sup> April  
Term 2: Tues 25<sup>th</sup> April– Sat 2<sup>nd</sup> July  
Term 3: Mon 18<sup>th</sup> July – Sat 24<sup>th</sup> Sept  
Term 4: Mon 10<sup>th</sup> Oct – Sat 17<sup>th</sup> Dec

### GYMNASTIC FACILITY

Unit 1 / 10 Elcar lane  
Joondalup WA 6027

### Contact

Gymnastic Centre      08 9301 4142  
Program Manager      0402 079 500  
[admin@collegeparkgymnastics.com.au](mailto:admin@collegeparkgymnastics.com.au)

Registered Business Address / Postal Address  
16 Joondanna Dr  
Joondanna WA 6060

<https://app.iclasspro.com/parentportal/collegeparkgym>

**College Park Gymnastic Academy** is affiliated with Gymnastics WA and Gymnastics Australia. We run classes in Women's Gymnastics, Men's Gymnastics, Kindergym and Pre-School Gymnastics, Trampoline and tumbling, and Sports Aerobics. All our coaches and judges are accredited and Technical Members of Gymnastics Australia.

College Park Gymnastic Academy is committed to ongoing coach education and support.

# TRAMPOLINE and TUMBLING



**college park**  
**gymnastic academy**

**THE TRAMPOLINE AND TUMBLING** class emphasis is on Fun, Fitness and Friendship. The Program utilises components of Gymnastic Australia's Trampoline and Tumbling programs.

We aim to offer positive movement experiences where the children learn in a controlled environment and practice skills safely thus increasing physical capabilities, self-confidence and independence.

Activities include Trampoline, Mini trampoline, Pit trampoline and Floor tumbling on a sprung floor.

### **BEGINNERS**

In this class participants will learn the basics and safety of Trampoline and Tumbling.

As a general rule Trampoline skills performed in the Beginners class do not include any Aerial Breadth Axis rotation eg. Forward or backward somersaults; however lead up drills for these skills will be taught.

### **INTERMEDIATE**

Building on the skills learnt in the Beginners class, participants will progress in their skill learning. Aerial skills will be introduced in the Intermediate class and participants will begin to perform multiple skills in tumbling passes.

### **ADVANCED**

A class for gymnasts attending Competitive Squad programs within the club who want to develop their tumbling skills.

### **BEGINNERS**

Girls and Boys

Age group: 4 ½ – 8 Years  
Class times:  
Friday 4.00 – 5.00 pm

Class size: Maximum 8 per coach

### **INTERMEDIATE**

Girls and Boys

Age group: 7 – 16 years  
Class times:  
Monday 6.15 – 7.15 pm  
Saturday 1:00- 2:30pm

Class size: Maximum 8 per coach

### **ADVANCED**

Competitive Squad Gymnasts only

Age group 8 years and older  
Class times:  
Friday 4.00 – 5.30 pm  
Saturday 1.00 – 2.30 pm

Bookings are essential for each class. Class numbers are limited and require minimum numbers to run. Not all classes may be available at all times

### **CODES OF BEHAVIOUR - PARTICIPANTS**

#### **Early Arrivals**

- Children arriving early for class are not permitted to enter the gym area or play on any equipment. They must wait in the seating area until asked to enter the gym by the coaches.
- Gymnasts arriving more than 10 minutes prior to starting time must be supervised by an adult.

#### **Gymnasts—All**

- Must wait in spectator area until asked to enter gym by coach.
- Clothing should be comfortable but not loose (leotard preferred for girls)
- Hair is to be neatly tied back at all times.
- No jewellery is permitted to be worn at gym—this includes watches and friendship bands, and we accept no responsibility for the loss or damage of any of these items should parents allow their children to wear them.
- Bare feet or gym slippers only.
- Food and drinks are not permitted in the gym area. Gymnasts may bring a water bottle to class but this must not be shared with other participants.
- Respect the rights of other participants, coaches, officials and spectators.
- No running in the gym unless specifically asked to do so by your coach.
- No shouting or screaming. Loud aggressive behaviour will not be tolerated.
- Do not leave the gym area without the consent of your coach.
- Wait inside the building to be collected—under no circumstances may any gymnast wait outside after class.

- Care for the equipment