

## 2019 FEE SCHEDULE

1. Club membership / GWA Registration  
\$90.00 per gymnast  
\$150.00 family (2 or more)
  - Access to Accredited coaches
  - Qualified First Aid personnel
  - Nationally Accredited Programs
  - Club 10 - Quality Assurance Program
  - Personal Accident Insurance
  - Gymnastics WA membership
  - Gymnastics Australia membership (fully transferable Australia wide to Gymnastics Australia affiliated clubs)
  - Free spectator entry to GWA events (excluding National and International events)
  - Valid from 1<sup>st</sup> January to 31<sup>st</sup> December

2. Term fee      1 hour class    \$195.00  
                     1 ½ hour class \$265.00  
Pro-rata adjustment caters for members joining mid-term.

ALL PRICES INCLUDE 10% GST

### 2019 TERM DATES

- Term 1:      Mon 4<sup>th</sup> Feb – Sat 13<sup>th</sup> April  
Term 2:      Mon 29<sup>th</sup> April – Sat 6<sup>th</sup> July  
Term 3:      Mon 22<sup>nd</sup> July – Sat 28<sup>th</sup> Sept  
Term 4:      Mon 14<sup>th</sup> Oct – Sat 21<sup>st</sup> Dec

### GYMNASTIC FACILITY

Unit 1 / 10 Elcar lane  
Joondalup WA 6027

### Contact

Gymnastic Centre      08 9301 4142  
Program Manager      0402 079 500  
[admin@collegeparkgymnastics.com.au](mailto:admin@collegeparkgymnastics.com.au)

Registered Business Address / Postal Address  
16 Joondanna Dr  
Joondanna WA 6060

**College Park Gymnastic Academy** is affiliated with Gymnastics WA and Gymnastics Australia. We run classes in Women's Gymnastics, Men's Gymnastics, Kindergym and Pre-School Gymnastics, Trampoline, Tumbling and Sports Aerobics. All our coaches and judges are accredited and Technical Members of Gymnastics Australia.

College Park Gymnastic Academy is committed to ongoing coach education and support.

# RECREATIONAL GYMNASTICS



## college park gymnastic academy

## THE RECREATIONAL CLASS PROGRAM

emphasis is on Fun, Fitness and Friendship. The Program utilises components of Gymnastic Australia's Gym Mix program and WG National Development Program.

We aim to offer positive movement experiences where the children may creatively explore the gym environment and practice skills safely thus increasing physical capabilities, self-confidence and independence.

Activities include climbing, rolling, trampoline hanging, swinging, balancing and flexibility, strength and fun games.

The program helps develop strength, flexibility, co-ordination, balance and posture.

### BEGINNERS

In this class gymnasts will work their way through the College Park Gymnastic Academy Rising Stars Program. There are 6 levels of competency and certificates will be awarded at the completion of each stage.

### INTERMEDIATE / ADVANCED GYM

On completion of the Rising Stars Program gymnasts will move through the College Park Gymnastic Academy Recreational Levels Program. This Program has been modified from the WAG & MAG National Levels Program.

Assessment will be carried during term and a certificate will be awarded on the completion of each level.

Formal assessments are offered during the year. Gymnasts in these classes have the opportunity to enter Club and Interclub competitions, but it is not compulsory to do so.

## BEGINNERS

Girls and Boys

Age group: 4 ½ – 8 Years  
Class times:  
Mon to Fri 3.30 – 4.30 pm  
Wed & Fri 4.00 – 5.00 pm  
Saturday 9.00 – 10.00 am

Class size: Maximum 10 per coach

## INTERMEDIATE

Girls and Boys

Age group: 7 – 12 years  
Class times:  
Mon to Fri 4.30 – 6.00 pm  
Saturday 10.00 – 11.30 am

Class size: Maximum 10 per coach

## ADVANCED

Girls & Boys

Age group: N/A Gymnasts will progress from Intermediate class on completion of CPGA Recreational Level 3 or 4 depending on age.  
Class times: Tues, Thurs 6.00 – 7.30 pm  
Fri 4.30 – 6.00 pm

Bookings are essential for all classes. Class numbers are limited and require minimum numbers to run. Not all classes may be available at all times.

Please note that we do not offer make-up classes for any missed classes.

## CODES OF BEHAVIOUR - PARTICIPANTS

### Early Arrivals

- Children arriving early for class are not permitted to enter the gym area or play on any equipment. They must wait in the seating area until asked to enter the gym by the coaches.
- Gymnasts arriving more than 10 minutes prior to starting time must be supervised by an adult.

### Gymnasts—All

- Must wait in spectator area until asked to enter gym by coach.
- Clothing should be comfortable but not loose (leotard preferred)
- Hair is to be neatly tied back at all times.
- No jewellery is permitted to be worn at gym—this includes watches and friendship bands, and we accept no responsibility for the loss or damage of any of these items should parents allow their children to wear them.
- Bare feet or gym slippers only.
- Food and drinks are not permitted in the gym area. Gymnasts may bring a water bottle to class but this must not be shared with other participants.
- Respect the rights of other participants, coaches, officials and spectators.
- No running in the gym unless specifically asked to do so by your coach.
- No shouting or screaming. Loud aggressive behaviour will not be tolerated.
- Do not leave the gym area without the consent of your coach.
- Wait inside the building to be collected—under no circumstances may any gymnast wait outside after class.
- Care for the equipment